



Flathead High School Career Center News

Start your year off right and join us!

FHS Open House
Wednesday, September 7, 2022
4:30 PM - 7:30 PM

The FHS Career Center Mission is to help students realize a meaningful path in life! Come see us to find your path!

KALISPELL COLLEGE FAIR September 29, 2022

Over 80 colleges, universities and military branches from across the country
Students from 13 schools throughout the area attend
Parents welcome too!

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Mark these IMPORTANT DATES with your high school students!!

September 9th-October 7th: PSAT Registration

Offered to grades 10 and 11 (priority to juniors)
Register at the FHS Main Office — fee is \$19

September 29: Kalispell College Fair

8:15-11:30 A.M. in Main Gym. Parents welcome!

October 1: FAFSA Application Date

See information on Page 3

October 3-7: College Application Week

Watch for events in the Career Center all week!

October 13: Registration Deadline for IB Students

Registration deadline for May 2023 IB testing

October 12: PSAT Testing

Pre-registration required (fee waivers available)

Nov. 10/March 9: ASVAB Vocational Aptitude Test

Optional career exploration event for 10-12 graders

December 12: Scholarship Directory Released!

100+ scholarships offered through Career Center

January: Pursuing the Trades Event

Find out more about trades & apprenticeships

March: FHS Career Fair

Presentation of potential career opportunities for students and job fair for community

March: Mock Interview Event

Sophomores role play interviews with community professionals

April 11: ACT for Juniors

Required of all Juniors at no expense

April 6: Rotary Youth Leadership Academy Interviews

Freshman develop leadership skills at summer camp

April TBA: Leaders of Tomorrow Interviews

Junior/Senior 2-year leadership development program

May 24, 2023 - FHS Senior Scholarship Awards

FHS Auditorium - 6:00 pm

June 2, 2023 - Flathead High School Graduation

FHS Gymnasium - 7:00 pm

Flathead High School Counseling Department Assignments

Freshman and Junior Counselors

A-K Chelsea Cattelino
cattelinoc@sd5.k12.mt.us

L-Z Lisa Sears
searsl@sd5.k12.mt.us

Guidance Office Manager and Registrar Mary Gustafson gustafsonm@sd5.k12.mt.us

Sophomore and Senior Counselors

A-K Michael Sherman
shermanm@sd5.k12.mt.us

L-Z Gaelyn Brinton
brintong@sd5.k12.mt.us

FRESHMAN Class of 2026!

Watch for information from your Freshman Academy teachers about the Freshman Career Fair in March.

Develop your leadership potential by applying to the Rotary Youth Leadership Academy in March!

Introduce yourself to your School Counselor in the Guidance Office. He/she will be your North Star throughout high school!

FVCC RUNNING START

Sophomores, start thinking ahead. **Juniors** and **Seniors**, would you like to be taking college classes while still in high school? **You can earn up to six college credits FREE!** If you are interested in this prospect offered through FVCC, contact Amanda Koehler at 406-201-1738. She'll answer Running Start related questions, and provide information about the FVCC entrance placement exam. Why not take advantage of this educational opportunity while still attending high school? Your School Counselor will partner with FVCC on your behalf!

Sophomores Step it Up!

September

-Register for PSAT at FHS Main Ofc

October

- Get to know your FHS Counselor
- Check out the FHS Career Center and start planning your future
- Explore careers of interest to you
- Participate in extracurriculars
- Take the PSAT on October 11

November

- Develop your student resume w/ activities and volunteerism (See Mrs. Bay in the Career Center for help)
- Consider taking the ASVAB Test

December

- Apply for a part time job through the FHS Employment Office

January

- Review PSAT results with your counselor; identify your strengths to determine the areas to focus regarding ACT/SATs

- Register for IB classes

February

- Research colleges/trade schools

March

- Participate in ACE II Mock Interview Event with community professionals

April

- Apply to the Leaders of Tomorrow Program and build confidence & skills

May

- Think about taking the PSAT in Oct. to be a possible National Merit qualifier

Get a world class education! Be a part of the International Baccalaureate Program!!



The International Baccalaureate (IB) program at FHS is a rigorous academic pathway recommended for ALL college bound students. Please refer to the registration guide for additional IB course information. Juniors and Seniors, be sure to register for the May 2023 exams by Thursday, October 13, 2022.

"FHS graduates have arrived on campus thoroughly versed in literature, science, math, a foreign language and the fine arts. They are already independent and critical thinkers, excellent writers and well-rounded individuals with a global perspective." *Dr. Ilse-Mari Lee, Director, Honors Program, MSU-Bozeman*

For more information contact **IB Coordinator: Ms. Kelli Higgins** higginsk@sd5.k12.mt.us

Juniors Get Going!

Remember to challenge yourself in your classes, and know what constitutes rigorous core. Take classes that relate to your future career plans.

September - Register to take the PSAT in October. It gives you a leading edge when you take the ACT in the spring!

October - Attend a few college/trades recruiting presentations in the Career Center this year.

November - Take the ASVAB Test to learn your strengths.

January - Begin to research schools that may be a good fit for you. Be in contact with their coaches if you are interested in playing a college sport.

February - Check for required college entrance tests such as the SAT/ACT. Make plans with parents and school counselors to visit colleges/trade schools over spring break or the fall.

March - Practice for the ACT and make the FREE FHS ACT Test for all Juniors count for YOU! Visit college/trade schools! Take the ASVAB Test.

April - Take the ACT! Meet with your school counselor to be sure you're on track for graduation next year.

May - Find a summer job through the FHS Employment Office that will boost your skills in a field you hope to pursue.

Seniors ... Final Countdown!

Get ready for the best year yet!

SEPTEMBER: Make a plan! Register to take the SAT or ACT again to better your scores, attend the College Fair, meet with your counselor and stay on track! Finalize your resume. Get on those college/trades school applications and **begin notifying teachers for letters of recommendation NOW!**

OCTOBER: Complete the FAFSA for priority financial aid consideration and ask for financial aid and scholarship information from prospective colleges and trade schools. Work on your personal essay for applications! Order current transcript at Guidance or Career offices.

NOVEMBER: Make a closing decision regarding private schools and a tentative decision for state schools.

DECEMBER: Pick up a Scholarship Directory in the Career Center!

JANUARY: Watch for the scholarship season to open. Prepare for applications requiring an essay.

FEBRUARY: Apply for as many local and community scholarships as possible. Contact colleges/trades schools you've applied, and make sure they have received all of your information.

MARCH: Check on final college/trades school deposits. Follow through on completing scholarship applications by due dates!

APRIL: Select housing and meal plans for college and trades school.

MAY: Take Senior Exit Survey, apply for graduation distinctions, attend Scholarship Awards Event May 24, and look forward to graduation!



FAFSA

FREE APPLICATION FOR FEDERAL STUDENT AID

This is a financial aid application process for undergraduate college and trade school students.

**Application process opens
October 1st, 2022!**

The sooner you submit, the better your chances for being awarded a great financial aid package!

COLLEGE APPLICATION WEEK October 3-7, 2022

Montana's College Application Week provides seniors the opportunity to learn about Montana colleges and universities and complete a college application during the school day. Check out the new MT common application to all Montana University System schools at applymontana.mus.edu. The Career Center will be hosting a number of events, including:

- **Completing College Applications**
- **Student & Job Resume Creation**
- **Virtual and Onsite College Visits**
- **Scholarship Planning**
- **Free Application for Federal Aid (FAFSA) Application Assistance**

SENIORS!

Find out how you can apply for over \$1 Million in local and state scholarships!

FHS Scholarship Directory

available in the Career Center

DECEMBER 12th!!

CAREER & TECHNICAL EDUCATION

Are you interested in the trades, vocational training & skill development?

Transform your future with career and technical training in 2-year certificate programs or prepare for college with work-based learning right here at FHS! Student groups in business (BPA, DECA), agriculture (FFA), healthcare (HOSA) and the trades (SkillsUSA) provide opportunities for leadership and competition. Get real work experience at the Southside Coffee Shop, the Kalispell Student Built Home, in culinary arts or operating heavy equipment. Within FHS classes, students can receive credit in early childhood care and welding; certification in CPR, ServSafe Food Service, National Tractor Safety, OSHA 10 & S/P2 Pollution Prevention and Automotive Service Excellence; and apprentice hours in the building trades. Ask your counselor about classes and watch for apprenticeship, trade school and employer visits to the career center!

CHECK OUT THE FHS EMPLOYMENT OFFICE!

There are incredible job opportunities just for students with employers who will accommodate your school schedule and activities. Internships and pre-apprenticeships are possible, too!

Dear Flathead High School Families,

The quiet preparation of the summer work crew sets the stage for the beginning of the school year. We recently welcomed our youngest students, the class of 2026, to Flathead High for their first days of high school. Returning sophomores and juniors returned with confidence, and the class of 2023, our seniors, took special joy in the start of this, their final year of high school.



We currently have 1,550 students enrolled in our school. We are the largest public school in Flathead County. Our students come from 12 different partner schools, and I love seeing how our students easily form friendships and make connections as they come together for high school as Flathead Braves and Bravettes. Our diversity makes us unique, and all students find a place to grow at FHS.

The Career Center is one of many support services for all students and parents at Flathead High School. Families can obtain information about college and career through this extension of our Guidance Department. **Our core purpose at FHS is to “ignite a passion for learning so that students thrive at school and succeed in life.”** FHS has some of the top high school programs in the state, from International Baccalaureate to House Construction to School Based Enterprise, and we are proud to provide ancillary support for our college and career bound students who will take their next steps in life beyond high school in the near future. We recognize that providing assistance for the steps beyond high school is important, so that students can move on to adulthood, post high school education, and careers. I hope you take advantage of the Career Center amenities offered to your son/daughter, many of which are presented in this newsletter.

Our school theme this year is "Success Favors the Brave." We know that students who work hard, face adversity, and show resilience ultimately achieve success. We are here when students take those brave steps to plan for their future outside of high school. Whether your child is headed to an Ivy League school, FVCC, or into the workforce, we're here to help!

Sincerely,
Michele Paine, Principal, Flathead High School

The Flathead Senior Scholarship Awards Event is May 24, 2023!

FHS Career Center Mission is to help students realize a meaningful path in life

The Career Center provides support in:

- ◆ Assistance in planning for students' futures
- ◆ College admissions & financial aid
- ◆ Local & national scholarships
- ◆ Volunteer opportunities
- ◆ Career information & exploration
- ◆ Vocational aptitude testing
- ◆ Training programs, trades, technical schools, etc.
- ◆ Military opportunities
- ◆ ACT/SAT registration & materials
- ◆ Resume & application development
- ◆ Part time school year & full time summer employment
- ◆ Pre-apprenticeship & apprentice opportunities



Flathead High School Career Center

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